

MIDTERM ELECTIONS VOTE 2026

Counselors Voting in 2026 Midterm Elections

Cultivating Community Well-being Through Civic Engagement

As Professional Counselors, you hold a unique position of trust and influence in the lives of the clients you serve and the colleagues with whom you work. Your role extends beyond providing direct support; it also includes advocating for the well-being and empowerment of your clients. Engaging in the voting process is a natural extension of that commitment.

By exercising your right to vote, you help amplify the voices of underrepresented communities, support policies that strengthen Professional Counseling and public health, and contribute to a more inclusive and equitable society. Your participation in the democratic process reflects a broader commitment to community well-being and models the importance of civic engagement for your clients.

As agents of change, Professional Counselors play an important role in ensuring that all individuals have the opportunity to be heard. Staying engaged in the voting process helps move us toward a future where everyone has access to the support and resources they need to thrive.

NBCC encourages Counselors to make voting a priority in 2026.

The voice of the profession is powerful, and with your participation, it will be heard.



2026 Elections Dates to Know

DATE	EVENT	PURPOSE
Nov. 3, 2026	U.S. midterm elections	Elect members of the Senate and House
Nov. 3, 2026	Special elections	Fill unexpired terms of senators who vacated their seats during the 119th Congress
Nov. 3, 2026	U.S. gubernatorial elections	Elect state governors



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Entering the Voting Process Informed, Prepared, and Confident

As you prepare for the upcoming election season, it's important to prioritize your well-being during what can be a stressful time. Take proactive steps by creating a clear voting plan and familiarizing yourself with your state's voting requirements.

Be sure to equip yourself with reliable tools and resources to research local ballot measures, learn about candidates, and understand your rights as a voter. Approaching the process with preparation and intention can help you feel more confident, informed, and grounded as you engage in this important civic responsibility.



Voting Resources

You can utilize the [National Association of Secretaries of State](#) to find bipartisan information on:

- registering to vote.
- [voter registration status](#).
- finding your polling place.
- valid forms of identification ([some states require an ID to vote](#)).
- absentee and early voting.
- overseas voting.
- an election officials directory.
- how to become a poll worker.



Research Candidates and Ballot Measures

NBCC strongly recommends utilizing bipartisan websites to research candidates and ballot measures.

By accessing these nonpartisan platforms, voters can make informed decisions based on unbiased and factual data, fostering a more transparent and inclusive electoral process.

The links on the following page will direct you to **Ballotpedia**, a website that provides objective information on candidates, ballot measures, finance reports, and more. All links on the NBCC guide are bipartisan links. NBCC does not endorse any political party or candidate, nor do we advise any individual or organization on voting in elections.



2026 Candidate and Ballot Measure Resources

- [U.S. Congress candidates](#)
- [U.S. state judicial elections](#)
- [U.S. governor elections, including territories](#)
- [Local elections](#)
- [U.S. state legislative elections](#)
- [Ballot measures](#)

Making Your Voting Plan

Now that you have your resources to prepare, the next step is to make your plan to vote.

Assuming that you are now registered to vote, there are **four steps** to prepare for Election Day:



1. Find your polling location.
2. Verify whether your state requires identification to vote.
3. If you are not able to vote in person on Nov. 3:
 - a. request an absentee ballot.
 - b. take advantage of voting early by mail or in person if allowed in your state.
4. Know how you are getting to the polls.
 - a. Some states will provide free transportation.
 - b. Ride share services may provide discounted rates on Election Day. Check the specific app before Election Day to inquire.

Understanding Your Voter Rights

The [U.S. Election Assistance Commission](#) provides resources on voter rights, including information on:

- accessibility.
- language assistance.
- voter identification requirements.

The [American Civil Liberties Union](#) provides information on:

- how to avoid and combat voter intimidation.
- exercising your legal right to vote in a safe environment.



If you witness or experience voter intimidation, please call the [Election Protection Hotline](#) at **1-866-OUR-VOTE (1-866-687-8683)**.